

Links for Life

# Newslink

December 2008

Links for Life is able to supply the services to the women of Kern County because of YOU...  
**Thank You!**



This years Paint the Town Pink events received an overwhelming amount of local support. It was truly amazing! With your support and with the help of our sponsors we were able to raise almost \$80,000 during the month of October. The Paint the Town Pink Committee and Links for Life would like to say, "Thank You."

## 2008 Paint the Town Pink Sponsors

Stockdale Fashion Plaza

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Mercy Hospitals of Bakersfield  
Florence R. Wheeler Cancer Center  
A member of CHW

Victoria's

San Joaquin Community Hospital  
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BakersfieldLife Magazine

## New Technology in Bakersfield

The Halo Breast Pap Test (NeoMatrix, LLC, Irvine, CA) has just arrived in Bakersfield. Offered by the San Dimas Medical Group, the test is a non-invasive exam which collects nipple aspirate fluid. The fluid is then sent to the lab where the cells are analyzed for atypia. Women with atypical ductal hyperplasia have a four to five time increased risk to develop breast cancer. By identifying women with atypical ductal hyperplasia, the hope is to institute changes which could catch breast cancer earlier. One method that can be employed is to increase surveillance of the patient. Bilateral breast MRI may be used in some patients with atypical given their age, family history and breast density. Chemoprevention and surgery are other options which can be explored on a case by case basis. The American Society of Breast Surgeons published their official statement on ductal lavage in 2003. They "support the use of ductal lavage as a cell-based risk assessment tool in high-risk or border-line-risk women to assist them in making more informed decisions regarding risk reduction and management options." If you are interested, see your primary care physician for further information.

## Paint the Town Pink Committee 2008



**Stacy Crooks  
Committee Chair**

The Paint the Town Committee would like to thank Stacy Crooks for all of her dedication to Paint the Town Pink & Links for Life! She has been the chair of the October events for the past four years and has done a wonderful job. Not only does she coordinate October she is in charge of the Gala for the Gala & Pro-Am Golf Tournament. This years Gala will be on April 18 and Tournament on April 20, 2009. If you know Stacy please give her a big Thank You!

## A Special Thanks To ...

**Stana Bright  
Sylvia Cariker  
Juli Coulthurst  
Stacy Crooks  
Susan Escalante  
Diane Fuller  
Susie Geiger  
Laura Graffius**

**Natalie Grumet  
Cheryl Guillemet  
Brigette Hamblet  
Steve Hamblet  
Nan Hart  
Jennifer Henry  
Carmen Langfield  
Stephanie Lynch  
Josie Martin**

**Joann Nunn  
Judy Padgett  
Billie Reynolds  
Michael i. Roberts  
Larry Williams  
Tana Williams  
Leea Wimbish  
Sharyn Woods**



## Fashion Show Highlights



## Hockeython 2009

**The 5<sup>th</sup> Annual Hockey-Thon is beginning to skate  
and we need your participation!**

After four fantastic years of around-the-clock hockey we begin planning our fifth year without the founders of the event, Kevin and Mikie Barrett. They have moved back to Canada to be close to family but leave behind a tradition of hockey fundraising that will live on. Thank you Kevin and Mikie for your years of leadership and support!

**This year the event will run from Feb 21-22, 2009 with Condors hockey,  
Legends game and lots and lots of hockey!**

For more information about the Hockey-Thon go to the Bakersfield Condors website at [www.bakersfieldcondors.com](http://www.bakersfieldcondors.com) To register to participate please contact Scott Hay at 852-7401 or [shay@bakersfieldicesportscenter.com](mailto:shay@bakersfieldicesportscenter.com).

Last year we raised over \$56,000 for Links for Life and would love to be able to repeat it again in 2009. Thank you to all of the hockey fans and skaters who have made this such a wonderful event.

**See you on the ice!**



Links for Life  
1706 Chester Avenue  
Suite 200  
Bakersfield, CA 93301  
661-322-5601

Non-Profit  
Orgn.  
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PAID  
Bakersfield, CA  
Permit No. 894

Your donations, whether monetary or in kind are always welcome and deeply appreciated.

**Links for Life Donation/Membership Form**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ ( ) Yes, I would like to volunteer  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_

*Enclosed is my tax deductible contribution Thank you for \$25 or more for membership!*

### Community Blood Bank Donation

Did you know that sometimes cancer patients need blood transfusion while going through treatment? Houchin Community Blood Bank could use your donation to assist cancer patients. Make a donation in honor or in remembrance of a loved one. For more information about making a blood donation visit Houchin Community Blood Bank's website [www.hcbb.com](http://www.hcbb.com).

### Donations at Work

	Sept	Oct	Nov
Mammogram	33	44	22
Ultrasound	39	57	51
Needle Biopsy	4	5	1
Wig	16	30	20
Support Group	14	19	10
Information Call	400	302	208

### 16th Annual Gala & Pro-Am Golf Tournament

#### Sponsor Packages arriving soon...

Put the dates on your calendar now for the 16th Annual Gala & Pro-Am Golf Tournament at the beautiful Seven Oaks Country Club. The Gala will be on Saturday, April 18th and the Golf Tournament on Monday, April 20th 2009.

### Yoga Classes

Yoga classes are free for Breast Cancer Survivors. Family members can attend with a donation.

**Class New time beginning in January 6-7pm**

#### January Dates

**1/5 & 1/26**

#### February Dates

**2/2 & 2/23**

Bring your beach towel or yoga mat. Please RSVP to the office, 322-5601

### Year-end Giving to Links for Life

Many donors will decide that December is the perfect time to give a gift to Links for Life. Gifts of stocks, bonds, and mutual funds and other appreciated assets are always appreciated. Please consult your tax advisor regarding the method of giving that is best suited to your portfolio.

**Happy Holidays and thank you for your support!**