



Links for Life

Newslink

September 2010

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Sharyn Woods

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President's Message

When asked to write an article about what Links for Life means to me, I could not do so without looking back; way back to the beginning of my breast cancer journey in 1991. At the time, there was no Links organization. I didn't know anyone who had been through breast cancer. I felt so alone, but with the help and support of family and friends, I made it through. The following year, I was asked to attend a talk session with Sharyn Woods and a group of ladies who were about to form a group to help raise money for breast cancer. They asked what I felt the needs were here in Bakersfield and my response was a support group and a wig boutique where cancer patients could go. Shortly thereafter, the Links organization was formed by Sharyn. I was introduced to Carol Barazza and the support group began. That became my involvement and I looked forward to helping the women of Kern County. After we moved into the Resource Center, we had so many opportunities for the women; a wig boutique, library, free mammogram program and a support group room.



Five years ago, Jennifer Henry was hired to be the executive director and I was asked to be on the board of directors for Links for Life as a liaison to the support group. I had been facilitating the support group for many years and I was anxious to share all of this with the board of directors. I attended many seminars, workshops, etc. to keep up on all of the advances on breast cancer treatment. A few years ago, I began thinking that maybe I was becoming too far removed and it might be time for a "newer" survivor to take over. After all, I was a 17 year survivor at this time and I thought breast cancer was behind me. I guess God had other plans, as 2 years ago I was diagnosed with a recurrence of breast cancer. I got a refresher course so to speak. I was able to use the resources that Links for Life has to offer. I immediately used the library for reading material. The wig boutique, which I had initially suggested, was a huge help to me. I had seen the kindness and guidance of Susan Escalante, but now she was helping me find a wig. The support group friends helped to support me through my surgery and treatments. I saw first hand what this organization had become. AND I liked what I saw!!!

I am now starting my second year as President of Links for Life. It has been a year of challenge for all of us as we lost our founder, Sharyn Woods to cancer. I have learned so much about non-profit organizations. There is so much to running an organization like budgets, financial statements, personnel, our free mammogram program, events, media, etc. I am enjoying it all, but my first love is with the survivors. Working on the Wall of Hope and facilitating the support group are my heart. There is nothing more rewarding than talking and helping someone through the new journey that they are about to begin. I thank Links for Life for that opportunity. - *Stana Bright*

Fiscal Year 2009-2010 Service Statistics

Phones	4,281		
Walk-ins	195		
Support Group	160		
		Under 40 Yrs.	Over 40 Yrs.
Mammogram		307	198
Ultrasounds		520	180

Fiscal Year 2009-2010 Scholarship Recipients

Bakersfield College

Lindsay Alvarado

Ashleigh Claxton

Jennifer Ramos

California State University Bakersfield

Erica Galva

Staci Cox

James Boughton Jr.

"ONE IN 8 WOMEN"

Lace'n It Up for Links for Life



Kick off Breast Cancer Awareness month as we celebrate our survivors, support those going through treatment, and remember those we have lost to breast cancer.

Join us* for a walk & lunch between

11:00 a.m. and 1:30 p.m. *and bring your friends

Registration:
10:30 a.m.
Program: 11:00 a.m.
Walk: 11:20 a.m.
(walk takes approx. 30 minutes)
Lunch
(following walk)

where Three Locations

- **Downtown Kick-Off:** Liberty Bell, Truxtun and Chester Ave. Lunch after walk at Superintendent of Schools, 1300 17th Street
- **West Side Kick-Off:** The Park at River Walk, Stockdale Hwy at Buena Vista Lunch after walk at the Park
- **East Side Kick-Off:** Public Health Building, 1800 Mt. Vernon Ave. (corner of College Ave) Lunch after walk at Public Health Building

when Friday, October 1, 2010

why 1 in 8 women will be diagnosed with breast cancer and, if diagnosed early, there is a 96% survival rate.

Minimum Donation \$10.00 Due by September 20, 2010 to guarantee lunch.

Registration for Lace'n It Up for Links for Life:

Name _____ Breast Cancer Survivor (check if yes) _____

Address _____ City _____ State _____ Zip _____

Phone Number _____ Email _____ Company/Business _____

Walk Location: _____ Amount of Donation: \$ _____ For vegetarian lunch check here _____

Please return this portion with donation to the Link for Life office: 1706 Chester Avenue, Ste 200, Bakersfield, CA 93301 or register online at <http://linksforlife.org/Lace n It Up 2010.html> with VISA or Mastercard.

By no later than September 20, 2010 to guarantee lunch.

Bring your co-workers and an office banner to show your support. After the walk you will receive lunch and a memento from Links for Life as a thank you for supporting survivors and those women we have lost to breast cancer.

For more information contact the Links for Life office, 322-5601

Register online at <http://linksforlife.org/Lace n It Up 2010.html>

Please feel free to duplicate this flyer

Paint the Town Pink Events

Lace'n It Up

October 1, 2010 - 11:00 am to 2:00 pm

Lace'n It Up for Links for Life will be a kick off walk to celebrate survivors, remember the individuals we have lost and encourage the ones just diagnosed with breast cancer. This year you may choose between three locations:

The Liberty Bell on the corner of Truxtun and Chester Avenue — with a walk throughout downtown.

The Park at Riverwalk — with a walk on the Parkway

Kern County Department of Public Health — with a walk around Heritage Park

Participants can choose between three locations (and select a one-mile or a 1/2 mile path). A donation of \$10 provides you with a box lunch & small memento. Lunches will be available at the end of your walk & can be carried back to your workplace or eaten onsite with other participants.

Jazz & Jewelz

October 2, 2010, 6:30 pm to 9:30 pm

This event is truly the talk of the town. Enjoy a delightful evening in an amazing Seven Oaks home with the sound of jazz while live models showcase an assortment of diamonds from local jewelers. Heavy hors d'ouvers will be served. Limited to 150 attendees.

Pretty in Pink Fashion Show

October 14, 2010, 10:00 am - 2:00 pm

This year's theme for the event is "Pretty In Pink" and will take place once again at the DoubleTree Hotel. This spectacular afternoon includes lunch, fashion show, and shopping galore. Reserve your table early—last year was a sell-out.

Christine's Bunco

October 19, 2010, 6:30 pm

Christine's will host its annual "Bunco to Benefit Links for Life." What could be more fun than a group of women throwing dice for a great cause? Paid reservations are a must—be sure to visit Christine's to sign up or call 834-3068. Refreshments and Brighton prizes complete the evening.

Victoria's Kisses for Cures Bingo

October 26, 2010, 6:30 pm

Victoria's along with Bakersfield's finest Firemen will host its annual Kisses for Cures Bingo to Benefit Links for Life. Join us for a girls night out. Hors D'oeuvres, Prizes, and Firemen! What more could a girl ask for? All in support of Links for Life. Be sure to reserve your spot in advance by calling 665-8300.

Paint the Town Pink Major Sponsors 2010

Stockdale Fashion Plaza

CHRISTINE'S


LOLO'S



Mercy Hospitals of Bakersfield
Florence R. Wheeler Cancer Center
A member of CHW

San Joaquin Community Hospital

 **Adventist Health**

JD Rush  **Company**

BakersfieldLife
Magazine



Links for Life
 1706 Chester Avenue
 Suite 200
 Bakersfield, CA 93301
 661-322-5601

Non-Profit
 Orgn.
 U.S. Postage
 PAID
 Bakersfield, CA
 Permit No. 894

Your donations, whether monetary or in kind are always welcome and deeply appreciated.

Links for Life Donation/Membership Form

Name _____
 Address _____
 City _____ State _____ Zip _____ () Yes, I would like to volunteer
 Phone _____ E-mail _____

Enclosed is my tax deductible contribution Thank you for \$25 or more for membership!

Please Note: Due to financial constraints we will no longer be mailing the Links for Life Newsletter. If you wish to continue receiving the newsletter, please email us your 'email address' at: staff@linksforlife.org

Victoria's
In the Marketplace



*Join us for our annual
 Kisses for Cures Bingo Night*

A fundraiser to Support
 Bakersfield's Links for Life

Tuesday, October 26th, 2010 6:30 pm

Presented by Victoria's and Bakersfield's finest Firemen

Join us for a girls' night out
 Wine, Hors D'oeuvres, Prizes, & Firemen

Prizes donated by Victoria's, Beladagio, Russo's
 Books, and many more!

Reserve your spot early!
\$25 per person
665-8300

Brighton
BUNCO
 CHARITY NIGHT



Are you ready for some BUNCO?

**Don't miss out on
 this evening of fun!**

***Win Brighton Shoes, Brighton
 Luggage and Brighton Jewelry!
 Raffle Tickets are \$1, other
 opportunity items available!**

***Hors D' Oeuvres & Refreshments
 will be served.**

***All proceeds Benefit Links for Life!**

October 19th, 2010 at 6:30 pm
To sign up call Christines or come by the store!

4915 Stockdale Hwy . 661.834.3068 . Hours: M-F 10-6, Sat 10-5